

## An introduction to Many-Body Localization for a simple random spin chain model

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What happens in an isolated quantum system when both disorder and interactions are present? Over the recent years, the picture of a non-thermalizing phase of matter, the many-body localized (MBL) phase, has emerged as a stable solution, challenging the very foundation of statistical quantum mechanics. In this talk, I will present a basic introduction to MBL, focusing on the paradigmatic example of the quantum XXZ spin- $\frac{1}{2}$  chain Hamiltonian in a random magnetic field. This (apparently simple) model provides a very rich example where unconventional physics emerges. I will also discuss how the use of high-performance computer simulations has been of great help to better understand quantum matter at high energy behaves in the presence of strong randomness. For further reading, see [1, 2, 3].

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